

THE ASSOCIATION OF PROFESSIONAL LANDSCAPE DESIGNERS AND THE HOLDEN ARBORETUM PRESENT

3rd Annual Green Conference Sustainability from The Ground Up Mind, Body, & Soul

Open to the General Public

The Holden Arboretum | Wednesday March 2, 2016

TIME 9am-4pm Check in at 8:15

COST \$60 - includes lunch; APLD member cost \$45

Register online at holdenarb.org or call 440-602-3833

A fun-filled informative day from a fabulous list of speakers and programs!

Clem Hamilton, PhD, *President & CEO*, of the newly integrated Holden Arboretum and Cleveland Botanical Garden will give a brief update of the new organization.

David Burke, PhD, *Chairman of Research*, will present *Learning Sustainability From The Ground Up* his perspective on soil; one that views healthy soil as alive with organisms that contributes to healthy food webs.

Dawn Holst, *Chagrin Falls Yoga*, will talk about the many facets of yoga, including its health benefits and how easy it is to incorporate it into your life.

Brian Parsons, *Director of Planning and Special Projects*, will present a program on the construction of the emergent tower and canopy walk followed by a guided walk to visit these structures.

Carol Palansky, *Landscape Designer at Nature's Way Inc.* will present *Reclaiming Out Of The Box*. Palansky's passion for design with reclaimed materials will give you ideas to apply to your own home and garden.

Nancy Drobnick, will present her award winning healing garden.

Roger Gettig, *Director of Horticulture and Conservation*, will bring us up to date on the Corning Lake Restoration Project and the proposed plantings.

Ethan Johnson, *Plant Records Curator*, will present *A Garden For The Senses*. How color, fragrance, movement and sound are essential for a rich experience to help heal mind, body and soul.

Louise Reiling, *Owner of Auburn Pointe Greenhouse*, will talk about vertical vegetable gardening and will demonstrate the Tower Garden, a self contained hydroponic vessel.

Special Guest Speaker

Karen Caputo *Garden And Table Pleasures... True Vitamins for the Body & Soul!*

Caputo's rich experience of life on a farm in Northern France shaped her character today.

Her desire to promote the promise of good health from soil to soul is a much needed message. She will delight you and lift your spirits in her passion for gardening, cooking and family.



The **HOLDEN** Arboretum®

9550 Sperry Road | Kirtland, Ohio | holdenarb.org